Salisbury Park Kindergarten

'Sun Smart' Policy

Statement

Salisbury Park Kindergarten is committed to providing and maintaining a safe and healthy environment. The aims of this policy are to promote among children, staff & families:

- Positive attitudes towards skin protection.
- Lifestyle practice to help reduce the incidence of skin damage, cancer and heat stress.
- Personal responsibility for and decision making about skin protection.
- Awareness in our centre to reduce the level of sun exposure when the UV radiation levels are high.

Implementation

- On days where UV levels are high, it is recommended that children have sunscreen applied at home before they arrive at kindergarten. Bulk sunscreen is available at the centre for family use.
- When children stay for a full day, a broad-spectrum, water resistant sunscreen with SPF of 30+ will be applied during the lunch session.
- Children will be encouraged to avoid direct exposure to the sun between 10am and 3pm.
- During hot weather, outdoor activities will be set up and limited to shady areas.
- In extreme heat, play will be limited to the inside area only.
- Children will be frequently reminded to access drinking water, which is freely available inside and outside the centre.
- Families are encouraged to dress children in 'layers' that can be easily removed, and to wear clothing that provides sun protection. eg. Shoulders and mid-drift covered.
- The centre will incorporate 'Sun Smart' activities into learning programmes.
- Staff will be positive role models who practice skin protective behaviours by applying sunscreen, wearing appropriate clothing and hats.
- Children will be required to wear a hat outside during terms 1 & 4. Preference is given to hats that protect their face, neck and ears eg. broad brimmed, legionnaire style or bucket hat.
- Hats will not be required during terms 2 & 3, to ensure children maintain appropriate levels of vitamin D.
- For hygiene reasons, children will not share hats.
- Hats will be clearly labelled with child's name, and stored in their bag or on the 'hat rack'.
- Families are encouraged to leave a hat at the centre or in their child's bag, to ensure accessibility during times of need.

NO HAT MEANS PLAY UNDER VERANDAH ONLY

Copies of this policy will be provided to all families on enrolment & available on the centre website.
This policy will be reviewed on a two yearly basis.

Policy Reviewed May 2014

Governing Council Endorsement